

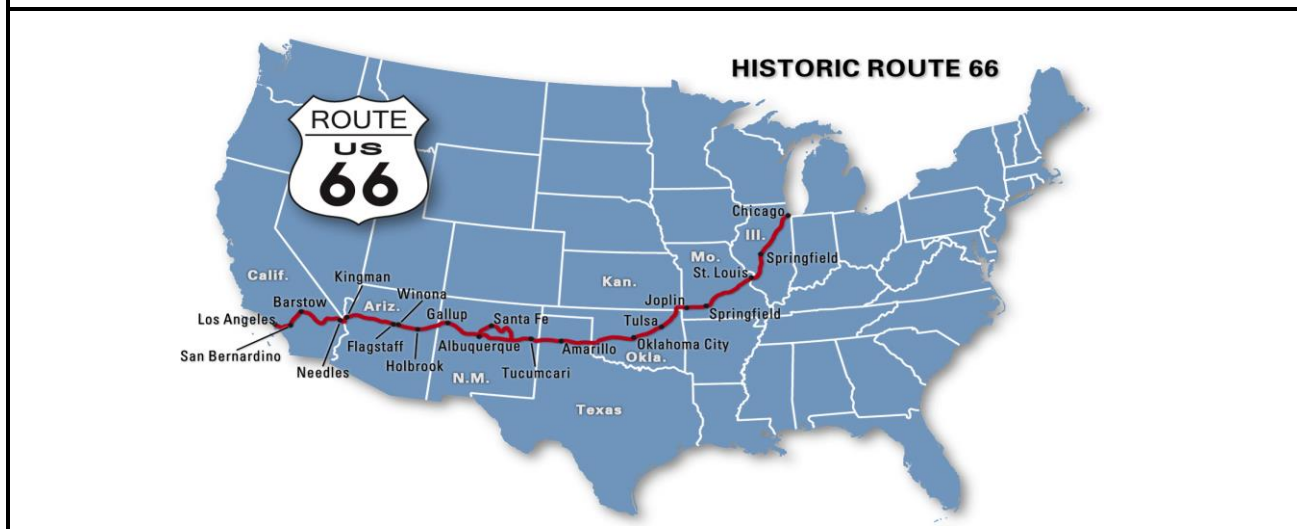


# MAY 2019

## Arleigh Burke Healthcare

**LEGEND**

CB Community Building (3rd Floor)  
 LR Living Room (Lower Level)  
 VH Vinson Hall (Penthouse Level)  
 DR Dining Room (Lower Level)  
 GAL Galley (Lower Level)  
 MPR Multi-Purpose Rm. (Upper Level)  
 PAT Patio (Lower Level off the Galley)  
 PS Portside (Upper Level NU 400)  
 SB Starboard (Upper Level NU 300)  
 TH Theater (Lower Level)  
 BIS Community Building (2nd Floor)



**1**

10:00 News & Views SB  
 10:30 Famous Landmarks SB  
 11:00 **Fitness with George** PS  
 11:30 What Am I? PS  
 2:00 Paint Like an Artist w/Stacey GAL  
 3:00 **Spiritual Enrichment with Scott** PS  
 4:00 May Hit Song List PS

**2**

10:00 **Groove with Karen**  
 10:30 Daily Chronicle SB  
 11:00 Artist Profile w/Stacey SB  
 1:30 Movie Matinee: *My Fair Lady* TH  
 2:00 Adult Coloring PS  
 3:00 Road Sign B I N G O PS  
 4:00 Wine & Cheese LR  
 4:00 Virtual Concert SB

**Voter Registration from 10:00 - 2:00** CB

**3** *Wear Sunglasses Day*

10:00 News & Views SB  
 10:30 **Catholic Service** MPR  
 10:30 Kentucky Derby Traditions SB  
 11:10 **Fitness with George** PS  
 1:30 Documentary: *Transcontinental Railroad* PS  
 3:00 Reminisce on the Patio PAT  
 4:00 **Concert with Brian Rudolph** PS

**4** *Kentucky Derby Day*

10:00 Extra, Extra SB  
 10:30 Head to Toe Workout SB  
 11:00 **McLean Presbyterian Church** SB  
 1:30 Movie Matinee: *TBA* (soda & popcorn included) MPR  
 4:00 **Catholic Mass** VH  
 4:00 James Brown Tunes SB  
 6:34 Kentucky Derby Begins SB

**5**

10:00 **Yoga with Kevin** SB  
 10:30 Daily Chronicle SB  
 11:00 **Peter Small Presents: John Adams** MPR  
 1:30 Movie Matinee: *The Bucket List* MPR  
 2:05 Nationals vs Phillies SB  
 3:30 **Cinco de Mayo Party** PS

**6** *National Herb Day*

10:00 Daily Gazette SB  
 10:30 Secrets of Carnagie Hall SB  
 11:00 **Fitness with George** PS  
 11:30 History of Cameras PS  
 1:30 Movie Matinee: *Can-Can* TH  
 2:00 Paro Visits  
 2:00 Retro TV: I Love Lucy PS  
 3:00 Board & Games PS  
 4:00 **Elaine Flynn** MPR  
 Performs as Mary Pickford

**7**

10:00 Extra, Extra SB  
 10:30 Fit & Trim SB  
 11:00 **Concert with Roberta** PS  
 11:00 **Art with Crista** GAL  
 2:00 Cooking Demo: Tacos in a Bag GAL  
 3:00 Happy Hour LR  
 4:00 Drama Club: The Botanical Roadshow SB

**8**

10:00 News & Views SB  
 10:30 Tulip Time Festival SB  
 11:00 **Fitness with George** PS  
 11:30 **Lunch Outing: Kazan** PS  
 1:15 **Concert w/Jerry Roman** PS  
 2:15 Adult Coloring PS  
 3:00 **Spiritual Enrichment with Scott** PS  
 4:00 Wisconsin or South Carolina? SB

**9**


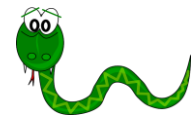








10:00 **Groove with Karen** SB  
 10:30 Daily Chronicle SB  
 11:00 History of Handbags SB  
 1:30 Movie Matinee: *Where the Boys Are* TH  
 2:00 Mobile Glamour Nails SB  
 3:00 Purse B I N G O SB  
 4:00 Wine & Cheese LR  
 4:00 **Concert with Jim West** DR

**10**

10:00 News & Views SB  
 10:30 **Catholic Service** MPR  
 10:30 Golden Gate Bridge SB  
 11:10 **Fitness with George** PS  
 1:30 Documentary: *Famous Bridges* PS  
 3:00 Relax on the Patio PAT  
 4:00 **Concert with Carol Chandler** PS

**11**

10:00 Extra, Extra SB  
 10:30 Head to Toe Workout SB  
 11:00 Gardening Club PAT  
 1:30 Movie Matinee: *The Ultimate Gift* (soda & popcorn provided) MPR  
 4:00 **Catholic Mass** VH  
 4:00 **Cardinal Cloggers** DR

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
12	<b>MOTHER'S DAY</b> 	13		14		15		16		17		18	<b>ARMED FORCES DAY</b> 
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	10:00	News & Views SB	10:00	Groove with Karen SB	10:00	News & Views SB	10:00	Extra, Extra SB
10:30	Daily Chronicle SB	10:30	History of Cheesecake SB	10:30	Fit & Trim SB	10:30	Jazz History Quiz SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR	10:30	Head to Toe Workout SB
11:00	Women's Inventions SB	11:00	Fitness with George PS	11:00	Unsolved Mysteries SB	11:00	Fitness with George PS	11:00	Echo Uzzo: Critter Visit PS	10:30	Ocean's Quiz SB	11:00	McLean Presbyterian Church SB
1:30	Movie Matinee: MPR <i>On Golden Pond</i>	1:30	Movie Matinee: TH <i>Irma la Douce</i>	1:30	Outing: Baskin-Robbins & Scenic Drive	11:30	What Am I? PS	11:00	Movie Matinee: TH <i>Breakfast at Tiffany's</i>	11:10	Fitness with George PS	1:30	Movie Matinee: MPR <i>TBA</i> (soda & popcorn provided)
2:00	Activity Cart Visits	2:00	Paro Visits	2:00	Cooking Demo: GAL Hot & Cheesy Crab Dip	2:00	Route 66 Party GAL	1:30	Surprise Activity TBA	3:00	Patio Activity: PAT Resident Choice	4:00	Catholic Mass VH
3:30	B I N G O PS	3:00	Board & Card Games GAL	3:00	Happy Hour LR	3:00	Spiritual Enrichment with Scott PS	3:00	Road Sign B I N G O PS	4:00	Liberace Concert SB	4:00	Sousa Marches SB
4:10	Nationals vs Dodgers SB	4:00	Sentimental Sing Along SB	4:00	Virtual DJ SB	4:00	Concert with Bob R DR	4:00	Wine & Cheese LR				
									4:00	Virtual Concert SB			
19		20	<b>VICTORIA DAY</b>	21		22		23		24		25	
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	9:30	Outing: Newseum	10:00	Groove with Karen SB	10:00	News & Views SB	10:00	Extra, Extra SB
10:30	Daily Chronicle SB	10:30	Jazz History Quiz SB	10:30	Fit & Trim SB	10:00	News & Views SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR	10:30	Head to Toe Workout SB
11:00	Banjo Concert with Jay Watcher PS	11:00	Fitness with George PS	11:00	Smithsonian Art Speaker SB	10:30	History of the Model T SB	11:00	Queen Victoria Bio SB	10:30	Lincoln Trivia Quiz PS	11:00	Arts & Crafts: SB Oil Pastel Pie
1:30	Movie Matinee: MPR <i>Rainman</i>	1:30	Movie Matinee: TH <i>TBA</i>	2:00	Cooking Demo: GAL Monster Balls	11:30	Who Am I? PS	11:00	Movie Matinee: TH <i>Citizen Kane</i>	11:10	Fitness with George PS	1:30	Movie Matinee: MPR <i>TBA</i> (soda & popcorn provided)
2:00	Activity Cart Visits	2:00	Paro Visits	3:00	Happy Hour SB	2:00	Arts & Crafts: GAL Making Stress Putty	1:30	Mobile Glamour Nails SB	3:00	Patio Activity: PAT Staff Choice	4:00	Catholic Mass VH
3:30	B I N G O PS	3:00	Retro TV: I Love Lucy PS	4:00	Virtual Concert MPR	3:00	Spiritual Enrichment with Scott PS	3:00	Bird B I N G O PS	4:00	Karaoke SB	4:00	Patriotic Sing Along SB
		4:00	Board & Card Games PS			4:00	Concert with Chris Edwards DR	4:00	Wine & Cheese LR				
		4:00	Accordian Concert with Dave Lovins PS					4:00	Theresa's Choice TBA				
													
26		27	<b>MEMORIAL DAY</b>	28		29		30		31		<div data-bbox="2657 1300 2921 1501" style="background-color: #c00000; color: white; padding: 5px; text-align: center;">                     Any additions or deletions to this calendar will be posted on the daily flyer.                 </div> 	
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	10:00	News & Views SB	10:00	Groove with Karen SB	10:00	News & Views SB		
10:30	Daily Gazette SB	10:30	Military Trivia SB	10:30	Fit & Trim SB	10:30	Butterick Pattern History SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR		
11:00	Anna Aslin Cohen Presents: Unveiled Voices MPR	11:00	Fitness with Stacey SB	11:00	Concert with Doug P PS	11:00	Fitness with George PS	11:00	Resident Meeting SB	10:30	10 Myths About Copyrights SB		
1:30	Movie Matinee: MPR <i>Forest Gump</i>	1:30	Movie Matinee: TH <i>TBA</i>	2:00	Cooking Demo: GAL Buttery Lemon Cake (diabetic friendly)	11:30	Ice Cream Trivia PS	1:30	Movie Matinee: TH	11:10	Fitness with George PS		
1:35	Nationals vs Marlins PS	3:00	Board & Card Games GAL	3:00	Happy Hour LR	2:00	Monthly Birthday Celebration PAT	2:00	Ocean's 8 SB	1:30	Documentary: Ken Burns' American Lives PS		
2:00	Activity Cart Visits	4:00	Concert with Jeff Levin DR	4:00	Architecture SB Appreciation w/Amina	3:00	Spiritual Enrichment with Scott PS	3:00	Flower B I N G O SB	3:00	Relax on the Patio PAT		
3:30	B I N G O PS					4:00	Virtual DJ DR	4:00	Wine & Cheese LR	4:00	Rhythm Band SB		
									4:00	Concert with Bill B. PS			
									