

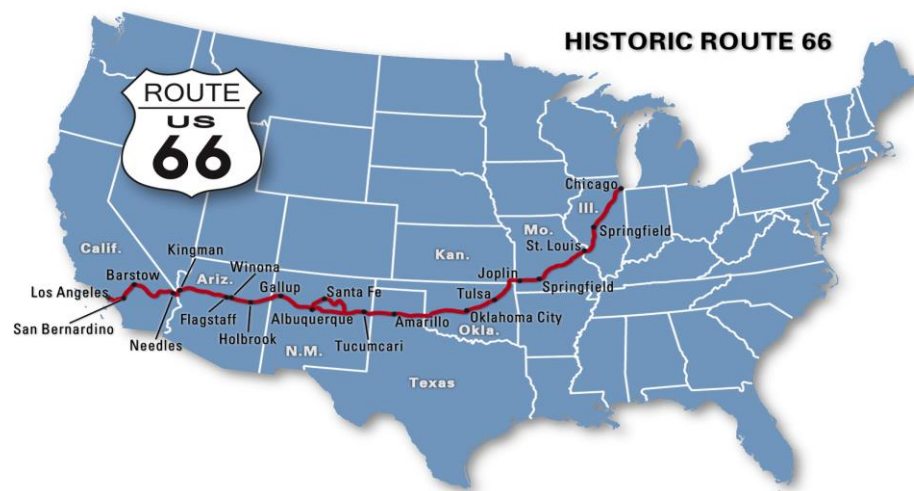





MAY 2019


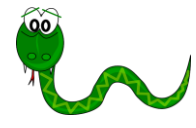








Arleigh Burke Assisted Living

LEGEND

- CB Community Building (3rd Floor)
- LR Living Room (Lower Level)
- VH Vinson Hall (Penthouse Level)
- DR Dining Room (Lower Level)
- GAL Galley (Lower Level)
- MPR Multi-Purpose Rm. (Upper Level)
- PAT Patio (Lower Level off the Galley)
- PS Portside (Upper Level NU 400)
- SB Starboard (Upper Level NU 300)
- TH Theater (Lower Level)
- BIS Community Building (2nd Floor)



1	2	3	4
<p>10:00 News & Views SB</p> <p>10:30 Famous Landmarks SB</p> <p>11:45 Fitness with George GAL</p> <p>2:00 Paint Like an Artist w/Stacey GAL</p> <p>3:00 Spiritual Enrichment with Scott PS</p> <p>4:00 May Hit Song List PS</p> 	<p></p> <p>10:00 Groove with Karen</p> <p>10:30 Daily Chronicle SB</p> <p>11:00 Artist Profile w/Stacey SB</p> <p>1:30 Movie Matinee: <i>My Fair Lady</i> TH</p> <p>2:00 Adult Coloring PS</p> <p>3:00 Road Sign B I N G O PS</p> <p>4:00 Wine & Cheese LR</p> <p>4:00 Virtual Concert SB</p> <p>Voter Registration from 10:00 - 2:00 CB</p>	<p></p> <p>Wear Sunglasses Day</p> <p>10:00 News & Views SB</p> <p>10:30 Catholic Service MPR</p> <p>10:30 Kentucky Derby Traditions SB</p> <p>11:10 Fitness with George PS</p> <p>1:30 Documentary: <i>Transcontinental Railroad</i> PS</p> <p>3:00 Reminisce on the Patio PAT</p> <p>4:00 Concert with Brian Rudolph PS</p>	<p>Kentucky Derby Day</p> <p>10:00 Extra, Extra SB</p> <p>10:30 Head to Toe Workout SB</p> <p>11:00 McLean Presbyterian Church SB</p> <p>1:30 Movie Matinee: <i>TBA</i> (soda & popcorn included) MPR</p> <p>4:00 Catholic Mass VH</p> <p>4:00 James Brown Tunes SB</p> <p>6:34 Kentucky Derby Begins SB</p> 
5	6	7	8
<p>10:00 Yoga with Kevin SB</p> <p>10:30 Daily Chronicle SB</p> <p>11:00 Peter Small Presents: John Adams MPR</p> <p>1:30 Movie Matinee: <i>The Bucket List</i> MPR</p> <p>2:05 Nationals vs Phillies SB</p> <p>3:30 Cinco de Mayo Party PS</p> 	<p>Herb Day</p> <p>10:00 Daily Gazette SB</p> <p>10:30 Secrets of Carnagie Hall SB</p> <p>11:45 Fitness with George GAL</p> <p>1:30 Movie Matinee: <i>Can-Can</i> TH</p> <p>2:00 Paro Visits</p> <p>2:00 Retro TV: I Love Lucy PS</p> <p>3:00 Board & Games GAL</p> <p>4:00 Elaine Flynn MPR Performs as Mary Pickford</p>	<p>10:00 Extra, Extra SB</p> <p>10:30 Fit & Trim SB</p> <p>11:00 Concert with Roberta PS</p> <p>11:00 Art with Crista GAL</p> <p>2:00 Cooking Demo: Tacos in a Bag GAL</p> <p>3:00 Happy Hour LR</p> <p>4:00 Drama Club: The Botanical Roadshow SB</p>	<p>10:00 News & Views SB</p> <p>10:30 Tulip Time Festival SB</p> <p>11:30 Lunch Outing: Kazan</p> <p>11:45 Fitness with George GAL</p> <p>1:15 Concert w/Jerry Roman PS</p> <p>2:15 Adult Coloring PS</p> <p>3:00 Spiritual Enrichment with Scott PS</p> <p>4:00 Wisconsin or South Carolina? SB</p>
9	10	11	
<p></p> <p>10:00 Groove with Karen SB</p> <p>10:30 Daily Chronicle SB</p> <p>11:00 History of Handbags SB</p> <p>1:30 Movie Matinee: <i>Where the Boys Are</i> TH</p> <p>2:00 Mobile Glamour Nails</p> <p>3:00 Purse B I N G O SB</p> <p>4:00 Wine & Cheese LR</p> <p>4:00 Concert with Jim West DR</p>	<p>10:00 News & Views SB</p> <p>10:30 Catholic Service MPR</p> <p>10:30 Golden Gate Bridge SB</p> <p>11:10 Fitness with George PS</p> <p>1:30 Documentary: <i>Famous Bridges</i> PS</p> <p>3:00 Relax on the Patio PAT</p> <p>4:00 Concert with Carol Chandler PS</p>	<p>10:00 Extra, Extra SB</p> <p>10:30 Head to Toe Workout SB</p> <p>11:00 Gardening Club PAT</p> <p>1:30 Movie Matinee: <i>The Ultimate Gift</i> (soda & popcorn provided) MPR</p> <p>4:00 Catholic Mass VH</p> <p>4:00 Cardinal Cloggers DR</p> 	

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
12	MOTHER'S DAY 	13		14		15		16		17		18	ARMED FORCES DAY 
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	10:00	News & Views SB	10:00	Groove with Karen SB	10:00	News & Views SB	10:00	Extra, Extra SB
10:30	Daily Chronicle SB	10:30	History of Cheesecake SB	10:30	Fit & Trim SB	10:30	Jazz History Quiz SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR	10:30	Head to Toe Workout SB
11:00	Women's Inventions SB	11:45	Fitness with George GAL	11:00	Unsolved Mysteries SB	11:45	Fitness with George GAL	11:00	Echo Uzzo: Critter Visit PS	10:30	Ocean's Quiz SB	11:00	McLean Presbyterian Church SB
1:30	Movie Matinee: MPR <i>On Golden Pond</i>	1:30	Movie Matinee: TH <i>Irma la Douce</i>	1:30	Outing: Baskin-Robbins & Scenic Drive	2:00	Route 66 Party PAT	1:30	Movie Matinee: TH <i>Breakfast at Tiffany's</i>	11:10	Fitness with George PS	1:30	Movie Matinee: MPR <i>TBA</i> (soda & popcorn provided)
2:00	Activity Cart Visits	2:00	Paro Visits	2:00	Cooking Demo: GAL Hot & Cheesy Crab Dip	3:00	Spiritual Enrichment with Scott PS	2:00	Surprise Activity TBA	1:30	Documentary: PS <i>Juliette of the Herbs</i>	3:00	Patio Activity: PAT Resident Choice
3:30	B I N G O PS	3:00	Board & Card Games GAL	3:00	Happy Hour LR	4:00	Concert with Bob R DR	3:00	Road Sign B I N G O PS	3:00	Patio Activity: PAT Resident Choice	4:00	Catholic Mass VH
4:10	Nationals vs Dodgers SB	4:00	Sentimental Sing Along SB	4:00	Virtual DJ SB			4:00	Wine & Cheese LR	4:00	Liberace Concert SB	4:00	Sousa Marches SB
19		20	VICTORIA DAY	21		22		23		24		25	
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	9:30	Outing: Newseum	10:00	Groove with Karen SB	10:00	News & Views SB	10:00	Extra, Extra SB
10:30	Daily Chronicle SB	10:30	Jazz History Quiz SB	10:30	Fit & Trim SB	10:00	News & Views SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR	10:30	Head to Toe Workout SB
11:00	Banjo Concert with Jay Watcher PS	1:30	Movie Matinee: TH <i>TBA</i>	11:00	Smithsonian Art Speaker SB	10:30	History of the Model T SB	11:00	Queen Victoria Bio SB	10:30	Lincoln Trivia Quiz PS	11:00	Arts & Crafts: SB Oil Pastel Pie
1:30	Movie Matinee: MPR <i>Rainman</i>	2:00	Paro Visits	2:00	Cooking Demo: GAL Monster Balls	11:45	Fitness with George GAL	1:30	Movie Matinee: TH <i>Citizen Kane</i>	1:30	Documentary: Ken PS <i>Burns' America</i>	1:30	Movie Matinee: MPR <i>TBA</i> (soda & popcorn provided)
2:00	Activity Cart Visits	2:00	Retro TV: I Love Lucy PS	3:00	Happy Hour SB	2:00	Arts & Crafts: GAL Making Stress Putty	2:00	Mobile Glamour Nails SB	3:00	Patio Activity: PAT Staff Choice	4:00	Catholic Mass VH
3:30	B I N G O PS	3:00	Board & Card Games GAL	4:00	Virtual Concert MPR	3:00	Spiritual Enrichment with Scott PS	3:00	Bird B I N G O PS	4:00	Karaoke SB	4:00	Patriotic Sing Along SB
		4:00	Accordian Concert with Dave Lovins PS			4:00	Concert with Chris Edwards DR	4:00	Wine & Cheese LR				
								4:00	Theresa's Choice TBA				
26		27	MEMORIAL DAY	28		29		30		31		<div data-bbox="2657 1300 2921 1501" style="background-color: #c00000; color: white; padding: 5px; text-align: center;"> Any additions or deletions to this calendar will be posted on the daily flyer. </div> 	
10:00	Yoga with Kevin SB	10:00	Daily Gazette SB	10:00	Extra, Extra SB	10:00	News & Views SB	10:00	Groove with Karen SB	10:00	News & Views SB		
10:30	Daily Gazette SB	10:30	Military Trivia SB	10:30	Fit & Trim SB	10:30	Butterick Pattern History SB	10:30	Daily Chronicle SB	10:30	Catholic Service MPR		
11:00	Anna Aslin Cohen Presents: Unveiled Voices MPR	11:00	Fitness with Stacey SB	11:00	Concert with Doug P PS	11:45	Fitness with George GAL	11:00	Resident Meeting SB	10:30	10 Myths About Copyrights SB		
1:30	Movie Matinee: MPR <i>Forest Gump</i>	1:30	Movie Matinee: TH <i>TBA</i>	2:00	Cooking Demo: GAL Buttery Lemon Cake (diabetic friendly)	2:00	Monthly Birthday Celebration PAT	1:30	Movie Matinee: TH	11:10	Fitness with George PS		
1:35	Nationals vs Marlins PS	3:00	Board & Card Games GAL	3:00	Happy Hour LR	3:00	Spiritual Enrichment with Scott PS	2:00	Ocean's 8 SB	1:30	Documentary: Ken PS <i>Burns' American Lives</i>		
2:00	Activity Cart Visits	4:00	Concert with Jeff Levin DR	4:00	Architecture SB Appreciation w/Amina	4:00	Virtual DJ DR	3:00	Flower B I N G O SB	3:00	Relax on the Patio PAT		
3:30	B I N G O PS							4:00	Wine & Cheese LR	4:00	Rhythm Band SB		
								4:00	Concert with Bill B. PS				
									