

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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# JANUARY 2019

## Arleigh Burke Pavilion Healthcare

LEGEND	
CB	Community Building (3rd Floor)
VH	Vinson Hall (Penthouse Level)
DR	Dining Room (1st Floor)
GAL	Galley (1st Floor)
LR	Living Room (1st Floor)
MPR	Multi-Purpose Room (2nd Floor)
PAT	Patio (1st Floor)
PS	Portside (2nd Floor NU 400)
SB	Starboard (2nd Floor NU 300)
TH	Theater (1st Floor)
LIB	Library

<p style="text-align: center; color: red; font-weight: bold;">COUNTRY OF THE MONTH: AUSTRALIA</p>	<p style="text-align: center; font-weight: bold;">1 NEW YEAR'S DAY</p> <p>10:00 Daily Chronicle SB          10:30 Fit &amp; Trim SB          11:00 First Time for Everything Trivia SB          1:00 Televised Bowl Games SB          1:30 Holiday Feature Movie: PS          4:00 Virtual Concert PS</p>	<p style="text-align: center; font-weight: bold;">2</p> <p>10:00 News &amp; Views SB          10:30 Stretch and Tone SB          11:00 Origins of the Science Fiction Genre SB          1:30 Book Club PS          2:00 Cooking Demo: Sweet &amp; Sour Chips PS          3:00 Spiritual Enrichment with Scott PS          4:00 Order of Events SB          4:30 Sci-Fi Theme Songs SB</p> <p style="text-align: center; font-weight: bold;">SCIENCE FICTION DAY</p>	<p style="text-align: center; font-weight: bold;">3</p> <p>10:00 Groove with Karen SB          10:30 Daily Gazette SB          11:00 History Talk: Paul Revere &amp; the Rev. War SB          1:30 Movie Matinee: Hello, Dolly! TH          2:00 A &amp; C: Easy Weave Coasters PS          3:00 B I N G O PS          4:00 Wine &amp; Cheese LR          4:00 January Hit Songs SB</p>	<p style="text-align: center; font-weight: bold;">4</p> <p>10:00 News &amp; Views SB          10:30 Catholic Service LIB          11:00 Fitness with George PS          11:30 8 Strange Birds PS          1:30 Documentary: Gracie Burns: The Better Half SB          2:00 Indoor Gardening GAL          2:30 Basketball SB          3:00 Kim's Choice PS          4:00 Virtual DJ SB</p>	<p style="text-align: center; font-weight: bold;">5</p> <p>10:00 Extra, Extra SB          10:30 Balloon Exercises SB          11:00 A &amp; C: Flower Art SB          1:30 Movie Matinee: My Big Fat Greek Wedding 2 (soda &amp; popcorn provided) MPR          4:00 Jazz Spotlight: Louis Armstrong SB          4:00 Catholic Service VH</p>	
<p style="text-align: center; font-weight: bold;">6</p> <p>10:00 Yoga with Kevin PS          10:30 Daily Chronicles PS          11:00 Music with Roberta PS          1:30 Movie Matinee: Last Cab to Darwin MPR          2:00 One-to-One Visits          3:00 B I N G O PS          4:00 Dear Abby/Dear Ann Landers Advice SB</p>	<p style="text-align: center; font-weight: bold;">7</p> <p>10:00 Extra, Extra SB          10:30 Accordion History PS          10:45 VHRC Blessing PS          11:00 Fitness with George PS          11:30 7 Facts About Eliz. I PS          1:30 Movie Matinee: Bell, Book, and Candle TH          2:00 Paro Visits SB          2:00 Classic TV: Mary Tyler Moore Show SB          3:00 Card Games GAL          4:00 Resident Choice SB</p>	<p style="text-align: center; font-weight: bold;">8</p> <p>10:00 Daily Chronicle SB          10:30 Fit &amp; Trim SB          11:00 Splish Splash: Takin' a Bath GAL          1:30 Book Club SB          2:15 Balloon Toss SB          3:00 Happy Hour LR          4:00 The Best of Elvis SB</p>	<p style="text-align: center; font-weight: bold;">9</p> <p>10:00 News &amp; Views SB          10:30 Category Trivia SB          11:00 Fitness with George PS          11:30 Top 10 Founding Fathers PS          1:30 Concert with Thomas Pandolfi DR          3:00 Spiritual Enrichment With Scott PS          4:00 Grapes From Europe PS</p>	<p style="text-align: center; font-weight: bold;">10</p> <p>10:00 Groove with Karen SB          10:30 Daily Gazette SB          11:00 MLK Adult Coloring PS          11:30 Lunch Outing: Four Provinces  TH          1:30 Movie Matinee: The Music Man          2:00 Staff Choice          3:00 B I N G O PS          4:00 Wine &amp; Cheese LR          4:00 1940's You Tube Sing Along SB</p>	<p style="text-align: center; font-weight: bold;">11</p> <p>10:00 News &amp; Views SB          10:30 Catholic Service LIB          11:00 Fitness with George PS          11:30 History of Tea PS          1:30 Documentary: J. Edgar Hoover SB          2:00 Indoor Gardening GAL          2:30 Globe Ball Toss PS          3:00 Board Game: Headbandz PS          4:00 Concert with Carol Chandler PS</p>	<p style="text-align: center; font-weight: bold;">12</p> <p>10:00 Extra, Extra SB          10:30 Balloon Exercises SB          11:00 McLean Presbyterian Church SB          1:30 Movie Matinee: Quiz Show (soda &amp; popcorn provided) MPR          4:00 Jazz Spotlight: Ella Fitzgerald SB          4:00 Catholic Service VH</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>13</p>  <p>10:00 <b>Yoga with Kevin</b> SB                      10:30 Daily Chronicles SB                      11:00 James Earl Jones Bio SB                      1:30 Movie Matinee: <i>We Are Marshall</i> MPR                      2:00 One to One Visits                      3:00 B I N G O PS                      4:00 Hymn Sing SB</p>	<p>14</p> <p>10:00 Extra, Extra SB                      10:30 Virtual Rollercoaster SB                      11:00 <b>Fitness with George</b> PS                      11:30 Picture ID PS                      1:30 Movie Matinee: TBA TH                      2:00 Classic TV: Rhoda SB                      2:00 Paro Visits                      3:00 Card Games GAL                      4:00 Virtual DJ SB</p> 	<p>15</p> <p>10:00 Daily Chronicle SB                      10:30 Fit &amp; Trim SB                      11:00 <b>Smithsonian Art Speaker</b> MPR                      2:00 Cooking Demo: Southern Palmento Cheese GAL                      3:00 Happy Hour LR                      4:00 <b>Surprise Performer</b> DR</p>	<p>16</p> <p>10:00 News &amp; Views SB                      10:30 History of Handwriting SB                      11:00 <b>Fitness with George</b> PS                      11:30 Tulip Facts PS                      2:00 <b>Pop Over Social</b> PS                      3:00 <b>Spiritual Enrichment With Scott</b> PS                      4:00 <b>Concert with Bob R.</b> DR</p>	<p>17</p>  <p>10:00 <b>Groove with Karen</b> SB                      10:30 Daily Gazette SB                      11:00 Happy Birthday, Betty White! SB                      1:30 Movie Matinee: TBA TH                      2:00 A &amp; C: Flower Arranging GAL                      3:00 B I N G O PS                      4:00 Wine &amp; Cheese LR                      4:00 Tony Bennett Tunes SB</p>	<p>18</p>  <p>10:00 News &amp; Views SB                      10:30 Catholic Service LIB                      11:00 <b>Fitness with George</b> PS                      11:30 Hawaii Fun Facts PS                      1:30 Documentary: US Mint SB                      2:00 Indoor Gardening GAL                      2:30 Shuffleboard PS                      3:00 Board Game: Scattegories PS                      4:00 1950's You Tube Sing Along SB</p>	<p>19</p> <p>10:00 Extra, Extra SB                      10:30 Balloon Exercises SB                      11:00 A &amp; C: Bubble Wrap Art SB                      1:30 Movie Matinee: <i>Radio</i> MPR                      (soda &amp; popcorn provided)                      4:00 Jazz Spotlight: Benny Goodman SB                      4:00 <b>Catholic Service</b> VH</p>
<p>20</p>  <p>10:00 <b>Yoga with Kevin</b> SB                      10:30 Daily Chronicles SB                      11:00 Armchair Travel: Australia SB                      1:30 Movie Matinee: <i>J. Edgar Hoover</i> MPR                      2:00 One-to-One Visits                      3:00 B I N G O PS                      4:00 Hymn Sing SB</p>	<p>21</p> <p><b>MLK DAY</b> </p> <p>10:00 Extra, Extra SB                      10:30 Reflections of MLK SB                      11:00 <b>Fitness with George</b> PS                      11:30 Pop Culture Trivia PS                      1:30 Movie Matinee: TBA TH                      2:00 Paro Visits                      2:00 Classic TV: Mary Tyler Moore SB                      3:00 Card Games GAL                      4:00 <b>Concert w/Jeff Pace</b> PS</p>	<p>22</p> <p>10:00 Daily Chronicle SB                      10:30 Fit &amp; Trim SB                      11:00 Group Jeopardy! SB                      1:30 Book Club SB                      2:15 A &amp; C: Door Décor                      3:00 Happy Hour LR                      4:00 1960's You Tube Sing Along SB</p>	<p>23</p> <p>10:00 News &amp; Views SB                      10:30 Constitution Quiz SB                      11:00 <b>Fitness with George</b> PS                      11:30 Random Facts PS                      2:00 <b>Jan. Birthday Celebration</b> SB                      3:00 <b>Spiritual Enrichment with Scott</b> PS                      4:00 <b>Concert with Gurda</b> DR</p> 	<p>24</p> <p>10:00 <b>Groove with Karen</b> SB                      10:30 Daily Gazette SB                      11:00 Essential Oils SB                      1:30 Movie Matinee: TBA TH                      1:30 <b>Scenic Drive</b>                      3:00 B I N G O PS                      4:00 Wine &amp; Cheese LR                      4:00 Positive Thinking SB</p> 	<p>25</p> <p>10:00 News &amp; Views SB                      10:30 Squirrely Facts SB                      10:30 <b>Catholic Service</b> LIB                      11:00 <b>Fitness with George</b> PS                      11:30 10 Keys to Happy Life PS                      1:30 Documentary: President McKinley SB                      2:00 Indoor Gardening GAL                      2:30 Skeetball PS                      3:00 Board Game: Outburst PS                      4:00 Virtual DJ DR</p>	<p>26</p> <p>10:00 Extra, Extra SB                      10:30 Balloon Exercises SB                      11:00 <b>McLean Presbyterian Church</b> SB                      1:30 Movie Matinee: TBA MPR                      (soda &amp; popcorn provided)                      4:00 Jazz Spotlight: Duke Ellington SB                      4:00 <b>Catholic Service</b> VH</p>
<p>27</p>  <p>10:00 <b>Yoga with Kevin</b> SB                      10:30 Daily Chronicles SB                      11:00 <b>Unveiled Voices: Mahloh</b> MPR                      1:30 Movie Matinee: TBA MPR                      2:00 One-to-One Visits                      3:00 B I N G O PS                      4:00 Hymn Sing SB</p>	<p>28</p> <p>10:00 Extra, Extra SB                      10:30 CA Gold Rush Facts SB                      11:00 <b>Fitness with George</b> PS                      11:30 The Benefits of Doing PS                      1:30 Movie Matinee: TBA TH                      2:00 Paro Visits                      2:00 Classic TV: Rhoda SB                      3:00 Card Games GAL                      4:00 Virtual Concert SB</p> 	<p>29</p> <p>10:00 Daily Chronicle SB                      10:30 Fit &amp; Trim SB                      11:00 <b>Concert with Doug P</b> PS                      1:30 Book Club SB                      2:15 Cooking Demo: Peanut Butter Loaf GAL                      3:00 Happy Hour LR                      4:00 Oprah Winfrey Bio PS</p> 	<p>30</p> <p>10:00 News &amp; Views SB                      10:30 Which State Is It? SB                      11:00 <b>Fitness with George</b> PS                      11:30 Modern Trivia PS                      1:30 Book Club PS                      2:15 Special Activity: Making Ice Cream in a Bag PS                      3:00 <b>Spiritual Enrichment With Scott</b> PS                      4:00 1970's You Tube Sing Along SB</p>	<p>31</p> <p>10:00 <b>Groove with Karen</b> SB                      10:30 Daily Gazette SB                      11:00 Women's First... SB                      1:30 Movie Matinee: TBA TH                      2:00 Surprise Activity GAL                      3:00 B I N G O PS                      4:00 Schubert's Music SB                      4:00 Wine &amp; Cheese LR</p>	 <div style="background-color: #800000; color: white; padding: 10px; text-align: center;"> <p>Any additions or changes to the activity calendar will be posted on the daily flyer.</p> </div>	

