

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



FEBRUARY 2019

The Sylvestery

LEGEND

- CR Craft Room
- LR Living Room
- NK North Kitchen
- PAT Patio
- SO Sensory Oasis
- SOL Solarium
- SPA Spa
- SK South Kitchen

Happy 16th Anniversary to The Sylvestery!












Happy 50th Anniversary to Vinson Hall Retirement Community!

1	<p>10:00 Daily Chronicle SOL</p> <p>10:30 Stretch & Tone SOL</p> <p>11:00 Fingerprint Facts SOL</p> <p>11:30 Catholic Services LR</p> <p>1:30 Featured Biography: Charles Lindbergh SOL</p> <p>2:00 Balloon Toss SOL</p> <p>2:30 Mind Joggers SOL</p> <p>3:00 Happy Hour NK</p> <p>3:30 Walk Across America SOL</p> <p>4:00 Book Club w/Rachel SK</p> <p>4:30 Sinatra & Dorsey Tunes SOL</p> <p>6:00 The Golden Girls SOL</p>	2	<p>GROUNDHOG DAY</p> <p>10:00 Extra, Extra SOL</p> <p>10:30 Stretch & Tone SOL</p> <p>11:00 B I N G O SOL</p> <p>1:30 Movie Matinee SOL</p> <p>2:30 Soda & Popcorn SOL</p> <p>3:30 Silver Striders HAL</p> <p>4:00 Book Club w/Rachel SOL</p> <p>4:30 February Hit Songs SOL</p> <p>6:00 Comedy Hour SOL</p>
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3	<p>10:00 Joel Osteen SOL</p> <p>10:30 Daily Chronicles SOL</p> <p>10:45 Yoga with Kevin SOL</p> <p>11:15 Chicken Soup Stories SOL</p> <p>1:30 Televised Sports SOL</p> <p>2:00 Football Toss SOL</p> <p>2:30 Trivia Challenge SOL</p> <p>3:00 Snack Time SOL</p> <p>3:30 Walking Club HAL</p> <p>4:00 Taboo SOL</p> <p>4:30 Hymn Sing SOL</p> <p>6:30 Super Bowl LIII SOL</p>	4	<p>10:00 News & Views SOL</p> <p>10:30 Skeetball SOL</p> <p>11:00 Pictue B I N G O SOL</p> <p>1:30 National Geographic SOL</p> <p>2:00 Fitness with George NK</p> <p>2:30 Random Trivia NK</p> <p>3:00 Snack Time NK</p> <p>3:30 Silver Striders HAL</p> <p>4:00 Rosa Parks Bio SOL</p> <p>4:30 Marion Anderson SOL</p> <p>6:00 The Andy Griffith Show SOL</p>	5	<p>CHINESE NEW YEAR</p> <p>10:00 Extra, Extra SOL</p> <p>10:30 Stretch & Tone SOL</p> <p>11:00 Cooking Demo: Dark Chocolate Cookies SK</p> <p>1:30 Mary Tyler Moore Show SOL</p> <p>2:00 Bull's Eye SOL</p> <p>2:30 Snack Time SOL</p> <p>3:00 Meeting of the Minds with Scott SOL</p> <p>3:30 Walk Across America HAL</p> <p>4:00 Concert w/Jay Pace SOL</p> <p>6:00 Jeopardy SOL</p>	6	<p>10:00 Daily Gazette SOL</p> <p>10:30 Cone Hoops SOL</p> <p>11:00 Hymn Sing with Scott SOL</p> <p>11:30 Are You a Pig? SOL</p> <p>1:30 Scenic Rides SOL</p> <p>2:00 Fitness with George NK</p> <p>2:30 What Am I? NK</p> <p>3:00 Snack Time NK</p> <p>3:30 Walking Club HAL</p> <p>4:00 Queen Elizabeth Bio SOL</p> <p>4:30 Staff Choice SOL</p> <p>6:00 I Love Lucy SOL</p>	7	<p>10:00 News & Views SOL</p> <p>10:45 Groove with Karen SOL</p> <p>11:15 Art with Crista CR</p> <p>1:30 Travel Destinations Hand Massages SOL</p> <p>2:00 Mini Golf SOL</p> <p>2:30 Brain Teasers SOL</p> <p>3:00 Snack Time SOL</p> <p>3:30 Silver Striders HAL</p> <p>4:00 Virtual Concert SOL</p> <p>6:00 Wheel of Fortune SOL</p>	8	<p>10:00 Daily Chronicle SOL</p> <p>10:30 Stretch & Tone SOL</p> <p>11:00 Pizza Facts SOL</p> <p>11:30 Catholic Services LR</p> <p>1:30 Featured Biography: Milton Hershey SOL</p> <p>2:00 Basketball SOL</p> <p>2:30 Mind Joggers SOL</p> <p>3:00 Happy Hour NK</p> <p>3:30 Walk Across America SOL</p> <p>4:00 Concert w/Carol C. SOL</p> <p>6:00 The Golden Girls SOL</p>	9	<p>10:00 Extra, Extra SOL</p> <p>10:30 Stretch & Tone SOL</p> <p>11:00 B I N G O SOL</p> <p>1:30 Movie Matinee SOL</p> <p>2:30 Soda & Popcorn SOL</p> <p>3:30 Silver Striders HAL</p> <p>4:00 Book Club w/Rachel SOL</p> <p>4:30 Motown Music SOL</p> <p>6:00 Comedy Hour SOL</p>
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p> <p>10:00 Joel Osteen SOL 10:30 Daily Chronicles SOL 10:45 Yoga with Kevin SOL 11:15 Concert w/Andrew Haskell SOL 1:30 Televised Sports SOL 2:00 Bean Bag Toss SOL 2:30 Trivia Challenge SOL 3:00 Snack Time SOL 3:30 Walking Club HAL 4:00 Scattegories SOL 4:30 Hymn Sing SOL 6:00 Moonlight Movie SOL</p>	<p>11</p> <p>10:00 News & Views SOL 10:30 Horseshoes SOL 11:00 Picture B I N G O SOL 1:30 National Geographic SOL 2:00 Fitness with George NK 2:30 Modern Trivia NK 3:00 Snack Time NK 3:30 Silver Striders HAL 4:00 Virtual Concert SOL 6:00 The Andy Griffith Show SOL</p>	<p>12</p> <p>10:00 Extra, Extra SOL 10:30 Stretch & Tone SOL 11:00 Cooking Demo: Cupid-Kissed Wafers SK 1:30 Mary Tyler Moore Show Glamour Nails SOL 2:00 Kick Ball SOL 2:30 Snack Time SOL 3:00 Meeting of the Minds with Scott SOL 3:30 Walk Across America HAL 4:00 Concert with Alex Y. SOL 6:00 Jeopardy SOL</p>	<p>13</p> <p>10:00 Daily Gazette SOL 10:30 Koosh Ball Toss SOL 11:00 A & C: Hand Warmers CR 1:30 Scenic Rides SOL 2:00 Fitness with George NK 2:30 Who Am I? NK 3:00 Snack Time NK 3:30 Walking Club HAL 4:00 Heart Categories SOL 4:30 Sentimental Sing Along SOL 6:00 I Love Lucy SOL</p>	<p>14 VALENTINE'S DAY</p>  <p>10:00 News & Views SOL 10:45 Groove with Karen SOL 11:15 Norman Rockwell Adult Coloring SOL 1:30 Travel Destinations Glamour Nails SOL 2:00 Cone Hoops SOL 2:30 Resident & Building Birthday Celebration NK 3:30 Surprise Performer SOL 6:00 Wheel of Fortune SOL</p> 	<p>15</p> <p>10:00 Daily Chronicle SOL 10:30 Stretch & Tone SOL 11:00 History of Pies SOL 11:30 Catholic Services LR 1:30 Featured Biography: Morgan Freeman SOL 2:00 Noodle Ball SOL 2:30 Mind Joggers SOL 3:00 Happy Hour NK 3:30 Walk Across America HAL 4:00 Book Club w/Rachel SOL 4:30 Rachel's Choice SOL 6:00 The Golden Girls SOL</p> 	<p>16</p> <p>10:00 Extra, Extra SOL 10:30 Stretch & Tone SOL 11:00 B I N G O SOL 1:30 Movie Matinee SOL 2:30 Soda & Popcorn SOL 3:30 Silver Striders HAL 4:00 Book Club w/Rachel SOL 4:30 Resident Choice SOL 6:00 Comedy Hour SOL</p>
<p>17</p> <p>10:00 Joel Osteen SOL 10:30 Daily Chronicles SOL 10:45 Yoga with Kevin SOL 11:15 Poetry Reading SOL 1:30 Concert with Jay Watcher SOL 2:30 Trivia Challenge SOL 3:00 Snack Time SOL 3:30 Walking Club HAL 4:00 Unveiled Voices by Anna Cohen SK 6:00 Moonlight Movie SOL</p>	<p>18 PRESIDENT'S DAY</p>  <p>10:00 News & Views SOL 10:30 Head to Toe Workout SOL 11:00 Concert with Roberta SOL 1:30 National Geographic SOL 2:00 Ring Toss SOL 2:30 First Lady Trivia SOL 3:00 Snack Time SOL 3:30 Silver Striders HAL 4:00 President B I N G O SOL 6:00 The Andy Griffith Show SOL</p>	<p>19</p> <p>10:00 Extra, Extra SOL 10:30 Stretch & Tone SOL 11:00 Cooking Demo: Bubbly Cherry Floats SK 1:30 Mary Tyler Moore Show Hand Massages SOL 2:00 Shuffleboard SOL 2:30 Snack Time SOL 3:00 Meeting of the Minds with Scott SOL 3:30 Walk Across America HAL 4:00 Sentimental Sing Along SOL 6:00 Jeopardy SOL</p>	<p>20</p>  <p>10:00 Daily Gazette SOL 10:30 Tic Tac Toss SOL 11:00 Hymn Sing with Scott SOL 11:30 History of Volleyball SOL 1:30 Scenic Rides SOL 2:00 Fitness with George NK 2:30 What Am I? NK 3:00 Snack Time NK 3:30 Walking Club HAL 4:00 Hangman SOL 4:30 Bernadette Peters SOL 6:00 I Love Lucy SOL</p>	<p>21</p>  <p>10:00 News & Views SOL 10:45 Groove with Karen SOL 11:15 Art with Crista CR 1:30 Travel Destinations Hand Massages SOL 2:00 Parachute SOL 2:30 Brain Teasers SOL 3:00 Snack Time SOL 3:30 Silver Striders HAL 4:00 Virtual Concert SOL 6:00 Wheel of Fortune SOL</p>	<p>22</p>  <p>10:00 Daily Chronicle SOL 10:30 Stretch & Tone SOL 11:00 Basketball Facts SOL 11:30 Catholic Services LR 1:30 Featured Biography: Julia Child SOL 2:00 Velcro Ball SOL 2:30 Mind Joggers SOL 3:00 Happy Hour NK 3:30 Walk Across America HAL 4:00 Concert w/Dave Lovins SOL 6:00 The Golden Girls SOL</p>	<p>23</p> <p>10:00 Extra, Extra SOL 10:30 Stretch & Tone SOL 11:00 B I N G O SOL 1:30 Movie Matinee SOL 2:30 Soda & Popcorn SOL 3:30 Silver Striders HAL 4:00 Book Club w/Rachel SOL 4:30 Fats Domino SOL 6:00 Comedy Hour SOL</p>
<p>24</p> <p>10:00 Joel Osteen SOL 10:00 Daily Chronicles SOL 10:45 Yoga with Kevin SOL 11:15 Memory Magic SOL 1:30 Televised Sports SOL 2:00 Noodle Ball SOL 2:30 Trivia Challenge SOL 3:00 Snack Time SOL 3:30 Walking Club HAL 4:00 Outburst SOL 4:30 Hymn Sing SOL 6:00 Moonlight Movie SOL</p>	<p>25</p> <p>10:00 News & Views SOL 10:30 Balloon Toss SOL 11:00 Picture B I N G O SOL 1:30 National Geographic SOL 2:00 Fitness with George NK 2:30 More Jeopardy Trivia NK 3:00 Snack Time NK 3:30 Silver Striders HAL 4:00 Concert with Chris Edwards SOL 6:00 The Andy Griffith Show SOL</p> 	<p>26</p> <p>10:00 Extra, Extra SOL 10:30 Stretch & Tone SOL 11:00 Cooking Demo: Veggie Tortellini Salad SK 1:30 Mary Tyler Moore Show Glamour Nails SOL 2:00 Bowling SOL 2:30 Snack Time SOL 3:00 Meeting of the Minds with Scott SOL 3:30 Walk Across America HAL 4:00 Virtual Concert SOL 6:00 Jeopardy SOL</p>	<p>27</p> <p>10:00 Daily Gazette SOL 10:30 Tic Tac Toss SOL 11:00 A & C: Collage a Quilt SOL 1:30 Scenic Rides SOL 2:00 Fitness with George NK 2:30 Who Am I? NK 3:00 Snack Time NK 3:30 Walking Club HAL 4:00 Concert with Bill Bickham SOL 6:00 I Love Lucy SOL</p> 	<p>28</p> <p>10:00 News & Views SOL 10:45 Groove with Karen SOL 11:15 A & C: Step by Step Rose Drawing CR 1:30 Travel Destinations Glamour Nails SOL 2:00 Target Ball SOL 2:30 Brain Teasers SOL 3:00 Snack Time SOL 3:30 Silver Striders HAL 4:00 Concert w/Cheryl SOL 6:00 Wheel of Fortune SOL</p>	 <div style="background-color: #d3d3d3; padding: 10px; text-align: center;"> <p>Any additions or deletions to the activity calendar will be posted on the daily flyer.</p> </div>	

