

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



FEBRUARY 2019

Arleigh Burke Pavilion Healthcare

LEGEND

- CB Community Building (3rd Floor)
- VH Vinson Hall (Penthouse Level)
- DR Dining Room (1st Floor)
- GAL Galley (1st Floor)
- LR Living Room (1st Floor)
- MPR Multi-Purpose Room (2nd Floor)
- PAT Patio (1st Floor)
- PS Portside (2nd Floor NU 400)
- SB Starboard (2nd Floor NU 300)
- TH Theater (1st Floor)

Happy 28th Anniversary to Arleigh Burke Pavilion!



Happy 50th Anniversary to Vinson Hall Retirement Community!

1	2
	GROUNDHOG DAY
10:00 News & Views SB	10:00 Extra, Extra SB
10:30 Fingerprint Facts SB	10:30 Stretch & Tone SB
10:30 Catholic Service LIB	11:00 Arts & Crafts: Step by Step Rose Drawings SB
11:00 Fitness with George PS	1:30 Movie Matinee: <i>Betsy's Wedding</i> (soda & popcorn provided) MPR
1:30 Documentary: <i>Diana in Her Own Words</i> SB	4:00 Catholic Mass VH
2:30 Velcro Ball Toss SB	4:00 Sinatra & Dorsey Tunes SB
3:30 Trivia Teasers SB	
4:00 February Hit Songs SB	

3	4	5	6	7	8	9
		CHINESE NEW YEAR				
10:00 Yoga with Kevin SB	10:00 Extra, Extra SB		10:00 News & Views SB	10:00 Groove with Karen SB	10:00 News & Views SB	10:00 Extra, Extra SB
10:30 Daily Chronicles SB	10:30 Remembering Rosa Parks SB	10:30 Daily Gazette SB	10:30 Queen Elizabeth: 67th Anniversary SB	10:30 Daily Chronicle SB	10:30 Chocolate Trivia SB	10:30 Stretch & Tone SB
11:00 Music with Roberta PS	11:00 Fitness with George PS	10:30 Fit & Trim SB	11:00 Fitness with George PS	11:00 Norman Rockwell Adult Coloring MPR	10:30 Catholic Services LIB	11:00 McLean Presbyterian Church SB
1:30 Movie Matinee: <i>Jackie</i> MPR	11:30 Snickers Trivia PS	11:00 Art with Crista GAL	11:30 History of Volleyball PS	1:30 Movie Matinee: <i>Gone Girl</i> TH	11:00 Fitness with George PS	1:30 Movie Matinee: <i>Mona Lisa Smitle</i> (soda & popcorn provided) MPR
3:30 B I N G O PS	1:30 Movie Matinee: <i>Marnie</i> TH	2:00 Discovering China/ Are You a Pig? SB	2:00 Cooking Demo: Raspberry Bites GAL	2:00 Glamour Nails & Hand Massages GAL	1:30 Documentary: <i>A Tale of Two Sisters</i> SB	4:00 Catholic Mass VH
4:30 Ikirra's Choice SB	2:00 Classic TV: The Mary Tyler Moore Show SB	3:00 Happy Hour LR	3:00 Spiritual Enrichment with Scott PS	3:00 Heart B I N G O PS	2:30 Active Game SB	4:00 Mowtown Songs SB
6:30 Super Bowl LIII PS	2:00 Paro Visits SB	4:00 Chinese Music PS	4:00 Virtual Concert	4:00 Concert w/Jim West PS	3:00 Card Games SB	
	3:00 Board & Games GAL	4:00 One-to-One Visits SB		4:00 Wine & Cheese LR	4:00 Concert w/Deana Javor DR	
	4:00 Virtual DJ SB					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p>  <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Morgan Freeman Bio SB 1:30 Movie Matinee: <i>JFK</i> MPR 3:30 B I N G O PS 4:30 Hymn Sing SB</p>	<p>11</p> <p>10:00 Extra, Extra SB 10:30 Never Took the Plunge SB 11:00 Fitness with George PS 11:30 Invention: Jell-O PS 1:30 Movie Matinee: <i>It Happened One Night</i> TH 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board & Card Games GAL 4:00 Resident Choice SB</p>	<p>12</p> <p>10:00 Daily Gazette SB 10:30 Fit & Trim SB 11:00 First Ladies Revealed SB 1:30 Chicken Soup Stories SB 2:15 Arts & Crafts: Hand Warmers GAL 3:00 Happy Hour LR 4:00 Concert with Bill Bickham DR</p> 	<p>13</p> <p>10:00 News & Views SB 10:30 Artist Profile: Grant Wood/American Gothic SB 11:00 Fitness with George PS 11:30 Invention: Batteries PS 2:00 Cooking Demo: Dark Chocolate Cookies GAL 3:00 Spiritual Enrichment with Scott PS 4:00 Virtual Concert SB</p>	<p>14 VALENTINE'S DAY</p> <p>10:00 Groove with Karen SB 10:30 Daily Chronicle SB 11:00 Blogging 101 SB 1:30 Movie Matinee: TBA TH 2:00 Heart B I N G O PS 3:30 Cupid Shuffle Valentine's Day Party GAL 4:00 Wine & Cheese LR 4:00 Love Songs SB</p> 	<p>15</p> <p>10:00 News & Views SB 10:30 Pie Facts SB 10:30 Catholic Services LIB 11:00 Fitness with George PS 11:30 Kim's Choice PS 1:30 Documentary: <i>Walt: The Man Behind the Myth</i> SB 2:30 Bowling SB 3:15 Trivia Teasers SB 4:00 Accordion Favourites w/Dave Lovins PS</p> 	<p>16</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 Flower Arranging PS 1:30 Movie Matinee: <i>Julie & Julia</i> MPR (soda & popcorn provided) 4:00 Catholic Mass VH 4:00 The Music of Bernadette Peters SB</p>
<p>17</p> <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Banjo Tunes w/Jay Watcher PS 1:30 Movie Matinee: <i>Sully</i> MPR 3:30 B I N G O PS 4:30 Happy Birthday, Vanna White! SB</p> 	<p>18 PRESIDENT'S DAY</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 Name That President SB 1:30 Movie Matinee: TBA PS 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board & Card Games GAL 4:00 Patriotic Sing Along SB</p> 	<p>19</p>  <p>10:00 Daily Gazette SB 10:30 Fit & Trim SB 11:00 Smithsonian Presentation SB 2:00 VHRC Jeopardy PS 3:00 Happy Hour LR 4:00 Virtual Concert PS 4:00 One-to-One Visits</p>	<p>20</p>  <p>10:00 News & Views SB 10:30 Random Trivia SB 11:00 Fitness with George PS 11:30 What Am I? PS 2:00 Spiritual Enrichment with Scott PS 3:00 ABP & RESIDENT BIRTHDAY PARTY DR 4:00 Concert with Bob Rosenbaum DR</p> 	<p>21</p> <p>10:00 Groove with Karen SB 10:30 Daily Chronicle SB 11:00 Left or Right Brain? SB 1:30 Movie Matinee: <i>Fiddler on the Roof</i> TH 2:00 Glamour Nails & Hand Massages GAL 3:00 VHRC B I N G O PS 4:00 Wine & Cheese LR 4:00 Resident Choice SB</p> 	<p>22</p> <p>10:00 News & Views SB 10:30 F.W. Woolworth SB 10:30 Catholic Services LIB 11:00 Fitness with George PS 11:30 Reminisce: Dept. Stores PS 1:30 Documentary: <i>The Men Who Built America</i> SB 3:00 Skeetball SB 3:30 Board Games SB 4:00 Fats Domino Tunes DR</p>	<p>23</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 McLean Presbyterian Church SB 1:30 Movie Matinee: TBA MPR (soda & popcorn provided) 4:00 Catholic Mass VH 4:00 Virtual DJ DR</p> 
<p>24</p>  <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Unveiled Voices by Anna Cohen MPR 1:30 Movie Matinee: <i>Hidden Figures</i> MPR 3:30 B I N G O PS 4:30 Hymn Sing SB</p>	<p>25</p> <p>10:00 Extra, Extra SB 10:30 Pig Trivia SB 11:00 Fitness with George PS 11:30 Who Am I? PS 1:30 Movie Matinee: TBA TH 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board Games GAL 4:00 Virtual Concert SB</p>	<p>26</p> <p>10:00 Daily Gazette SB 10:30 Fit & Trim SB 11:00 Concert with Doug P. PS 1:30 Chicken Soup Stories SB 2:15 A & C: Collage Quilt PS 3:00 Happy Hour LR 4:00 Fact or Fiction: Oregon and Arizona SB</p> 	<p>27</p> <p>10:00 News & Views SB 10:30 Fairy Tales & Fables SB 11:00 Fitness with George PS 11:30 Modern Trivia PS 2:00 Cooking Demo: Bubbly Cherry Floats GAL 3:00 Spiritual Enrichment with Scott DR 4:00 Resident Meeting LR 4:00 Staff Choice SB</p>	<p>28</p> <p>10:00 Groove with Karen SB 10:30 Daily Chronicle SB 11:00 News Speaker: Jerry Grossman MPR 1:30 Movie Matinee: <i>South Pacific</i> TH 2:00 Folktales, Fairy Tales, & Fables SB 3:00 B I N G O PS 4:00 Wine & Cheese LR 4:00 Marion Anderson SB</p>	 <p>Any changes to the monthly calendar will be posted on the daily flyer.</p>	

