

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



FEBRUARY 2019

Arleigh Burke Pavilion Assisted Living

LEGEND	
CB	Community Building (3rd Floor)
VH	Vinson Hall (Penthouse Level)
DR	Dining Room (1st Floor)
GAL	Galley (1st Floor)
LR	Living Room (1st Floor)
MPR	Multi-Purpose Room (2nd Floor)
PAT	Patio (1st Floor)
PS	Portside (2nd Floor NU 400)
SB	Starboard (2nd Floor NU 300)
TH	Theater (1st Floor)

Happy 28th Anniversary to Arleigh Burke Pavilion!



Happy 50th Anniversary to Vinson Hall Retirement Community!

1	2
	GROUNDHOG DAY
10:00 News & Views SB	10:00 Extra, Extra SB
10:30 Fingerprint Facts SB	10:30 Stretch & Tone SB
10:30 Catholic Service LIB	11:00 Arts & Crafts: Step by Step Rose Drawings SB
11:00 Fitness with George PS	1:30 Movie Matinee: <i>Betsy's Wedding</i> (soda & popcorn provided) MPR
1:30 Documentary: <i>Diana in Her Own Words</i> SB	4:00 Catholic Mass VH
2:30 Velcro Ball Toss SB	4:00 Sinatra & Dorsey Tunes SB
3:30 Trivia Teasers SB	
4:00 February Hit Songs SB	

3
10:00 Yoga with Kevin SB
10:30 Daily Chronicles SB
11:00 Music with Roberta PS
1:30 Movie Matinee: <i>Jackie</i> MPR
3:30 B I N G O PS
4:30 Ikirra's Choice SB
6:30 Super Bowl LIII PS

4
10:00 Extra, Extra SB
10:30 Rosa Parks SB
11:45 Fitness with George GAL
1:30 Movie Matinee: <i>Marnie</i> TH
2:00 Classic TV: The Mary Tyler Moore Show SB
2:00 Paro Visits GAL
3:00 Board & Games SB
4:00 Virtual DJ SB

5	CHINESE NEW YEAR
10:00 Coffee & Conversation LR	
10:30 Trivia Challenge LR	
11:00 Art with Crista GAL	
2:00 Discovering China/ Are You a Pig? SB	
3:00 Happy Hour LR	
4:00 Chinese Music PS	
4:00 One-to-One Visits	

6
10:00 Cookies & Conversation w/Laurel LR
10:30 Queen Elizabeth: 67th Anniversary LR
11:00 Word Game LIB
11:45 Fitness with George GAL
2:00 Cooking Demo: Raspberry Bites GAL
3:00 Spiritual Enrichment with Scott PS
4:00 Virtual Concert

7
10:00 Groove with Karen SB
10:30 Table Talk LR
11:00 Norman Rockwell Adult Coloring MPR
1:30 Movie Matinee: <i>Gone Girl</i> TH
2:00 Glamour Nails & Hand Massages GAL
3:00 Heart B I N G O PS
4:00 Concert w/Jim West PS
4:00 Wine & Cheese LR

8
10:00 News & Views SB
10:30 Chocolate Trivia SB
10:30 Catholic Services LIB
11:00 Fitness with George PS
1:30 Documentary: <i>A Tale of Two Sisters</i> SB
2:30 Active Game SB
3:00 Card Games SB
4:00 Concert w/Deena Javor DR

9
10:00 Extra, Extra SB
10:30 Stretch & Tone SB
11:00 McLean Presbyterian Church SB
1:30 Movie Matinee: <i>Mona Lisa Smittle</i> (soda & popcorn provided) MPR
4:00 Catholic Mass VH
4:00 Mowtown Songs SB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p>  <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Morgan Freeman Bio SB 1:30 Movie Matinee: <i>JFK</i> MPR 3:30 B I N G O PS 4:30 Hymn Sing SB</p>	<p>11</p> <p>10:00 Extra, Extra SB 10:30 Never Took the Plunge SB 11:45 Fitness with George GAL 1:30 Movie Matinee: <i>It Happened One Night</i> TH 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board & Card Games GAL 4:00 Resident Choice SB</p>	<p>12</p> <p>10:00 Coffee & Conversation LR 10:30 Word Teasers LR 11:00 First Ladies Revealed SB 1:30 Chicken Soup Stories SB 2:15 Arts & Crafts: Hand Warmers GAL 3:00 Happy Hour LR 4:00 Concert with Bill Bickham DR</p> 	<p>13</p> <p>10:00 Cookies & Conversation w/Laurel LR 10:30 Artist Profile: Grant Wood/American Gothic LR 11:00 Trivia Game LIB 11:45 Fitness with George GAL 2:00 Cooking Demo: Dark Chocolate Cookies GAL 3:00 Spiritual Enrichment with Scott PS 4:00 Virtual Concert SB</p>	<p>14 VALENTINE'S DAY</p> <p>10:00 Groove with Karen SB 10:30 Chat Pack LR 11:00 Blogging 101 SB 1:30 Movie Matinee: TBA TH 2:00 Heart B I N G O PS 3:30 Cupid Shuffle Valentine's Day Party GAL 4:00 Wine & Cheese LR 4:00 Love Songs SB</p> 	<p>15</p> <p>10:00 News & Views SB 10:30 Pie Facts SB 10:30 Catholic Services LIB 11:00 Fitness with George PS 11:30 Kim's Choice PS 1:30 Documentary: <i>Walt: The Man Behind the Myth</i> SB 2:30 Bowling SB 3:15 Trivia Teasers SB 4:00 Accordion Favourites w/Dave Lovins PS</p> 	<p>16</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 Flower Arranging PS 1:30 Movie Matinee: <i>Julie & Julia</i> MPR (soda & popcorn provided) 4:00 Catholic Mass VH 4:00 The Music of Bernadette Peters SB</p>
<p>17</p> <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Banjo Tunes w/Jay Watcher PS 1:30 Movie Matinee: <i>Sully</i> MPR 3:30 B I N G O PS 4:30 Happy Birthday, Vanna White! SB</p> 	<p>18 PRESIDENT'S DAY</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 Name That President SB 1:30 Movie Matinee: TBA PS 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board & Card Games GAL 4:00 Patriotic Sing Along SB</p> 	<p>19</p>  <p>10:00 Coffee & Conversation LR 10:30 Trivia Challenge LR 11:00 Smithsonian Presentation SB 2:00 VHRC Jeopardy PS 3:00 Happy Hour LR 4:00 Virtual Concert PS 4:00 One-to-One Visits</p>	<p>20</p>  <p>10:00 Cookies & Conversation w/Laurel LR 10:30 Interesting Inventions LR 11:00 Word Game LIB 11:45 Fitness with George GAL 2:00 Spiritual Enrichment with Scott PS 3:00 ABP & RESIDENT BIRTHDAY PARTY DR 4:00 Concert with Bob Rosenbaum DR</p> 	<p>21</p> <p>10:00 Groove with Karen SB 10:30 Table Talk LR 11:00 Left or Right Brain? SB 1:30 Movie Matinee: <i>Fiddler on the Roof</i> TH 2:00 Glamour Nails & Hand Massages GAL 3:00 VHRC B I N G O PS 4:00 Wine & Cheese LR 4:00 Resident Choice SB</p> 	<p>22</p> <p>10:00 News & Views SB 10:30 F.W. Woolworth SB 10:30 Catholic Services LIB 11:00 Fitness with George PS 11:30 Reminisce: Dept. Stores PS 1:30 Documentary: <i>The Men Who Built America</i> SB 3:00 Skeetball SB 3:30 Board Games SB 4:00 Fats Domino Tunes DR</p>	<p>23</p> <p>10:00 Extra, Extra SB 10:30 Stretch & Tone SB 11:00 McLean Presbyterian Church SB 1:30 Movie Matinee: TBA MPR (soda & popcorn provided) 4:00 Catholic Mass VH 4:00 Virtual DJ DR</p> 
<p>24</p>  <p>10:00 Yoga with Kevin SB 10:30 Daily Chronicles SB 11:00 Unveiled Voices by Anna Cohen MPR 1:30 Movie Matinee: <i>Hidden Figures</i> MPR 3:30 B I N G O PS 4:30 Hymn Sing SB</p>	<p>25</p> <p>10:00 Extra, Extra SB 11:00 Pig Trivia SB 11:45 Fitness with George GAL 1:30 Movie Matinee: TBA TH 2:00 Classic TV: The Mary Tyler Moore Show SB 2:00 Paro Visits 3:00 Board Games GAL 4:00 Virtual Concert SB</p>	<p>26</p> <p>10:00 Coffee & Conversation LR 10:30 Word Teasers LR 11:00 Concert with Doug P. PS 1:30 Chicken Soup Stories SB 2:15 A & C: Collage Quilt PS 3:00 Happy Hour LR 4:00 Fact or Fiction: Oregon and Arizona SB</p> 	<p>27</p> <p>10:00 Cookies & Conversation w/Laurel LR 10:30 Laurel's Choice LR 11:00 Trivia Game LIB 11:45 Fitness with George GAL 2:00 Cooking Demo: Bubbly Cherry Floats GAL 3:00 Spiritual Enrichment with Scott PS 4:00 Resident Meeting LR 4:00 Staff Choice SB</p>	<p>28</p> <p>10:00 Groove with Karen SB 10:30 Chat Pack LR 11:00 News Speaker: Jerry Grossman MPR 1:30 Movie Matinee: <i>South Pacific</i> TH 2:00 Folktales, Fairy Tales, & Fables SB 3:00 B I N G O PS 4:00 Wine & Cheese LR 4:00 Marion Anderson SB</p>	 <p>Any changes to the monthly calendar will be posted on the daily flyer.</p>	

