

RADM Kathleen L. Martin (NC) USN (Ret), CEO – Vinson Hall Corporation
Tim Farabaugh, COO - Vinson Hall Retirement Community
Bob Clements, CFO – Vinson Hall Corporation
Donna Duss, Director of Health Care Services, Vinson Hall Corporation
Robert K. DeMaria, Administrator – Arleigh Burke Pavilion
Erika Young, Administrator – The Sylvestery
Richard J. Hart, Jr., MD, Medical Director – Arleigh Burke Pavilion
Jonathan Klein, MD, Medical Director – The Sylvestery
Lorraine Gazzano, Director of Nursing, Health Care - Arleigh Burke Pavilion
Bill Burgwald, Director of Facilities and Environmental Services
Skip Hansen, NMCGRE, Director of Development
Joanne Burke, RN, MFA, Staff Development Coordinator – Vinson Hall Corporation
Paul Rankins, Food Services Coordinator – Arleigh Burke Pavilion
Wendall McPherson, Food Services Coordinator – The Sylvestery
Michelle Thompson, Activities and Engagement Manager - Arleigh Burke Pavilion
Kimberly Moore, Activities Coordinator – The Sylvestery
John Shorty, MSW, Coordinator of Social Services – Arleigh Burke Pavilion
Scott Harrison, Chaplain – Vinson Hall Corporation
Madhu Sreekumar, Director of Human Resources – Vinson Hall Corporation
Jennifer Zhang, Accounting Manager – Vinson Hall Corporation
Christine Olajide, Front Desk Receptionist – Arleigh Burke Pavilion
LaTishea Harrison, Front Desk Receptionist - The Sylvestery
Pat Patterson, Director Rehab Dept – Arleigh Burke Pavilion
Tina Nickens, Move-In Coordinator, Vinson Hall Corporation

Arleigh Burke Pavilion – 703 506-6900

The Sylvestery – 703 970-2700

February 2010

McLean, Virginia

February 2010

From the Pavilion



The last time I was writing this column, I was back in R.I. talking about the record snow fall up and down the East Coast. Today we are heading into the last weekend in January and the weather report is possible snow. I am going to go out on a limb here and say, “It won’t be as bad as the December snow-fall.” Having said that, you can rest assured that all departments on the campus of the community are making whatever plans are necessary to ensure uninterrupted service.

In January, renovations occurring at the Vinson Hall Independent Living Residence caused a closing of their Dining Room and Kitchen. Alternate locations were arranged for those residents to have dining opportunities. Arleigh Burke’s Atrium Dining Room became one of those locations. We are hosting a number of those residents for lunch and dinner. It has been an opportunity for old friends to reconnect from both places; give other Vinson Hall Residents an opportunity to see how life goes on here and generally have a good time by “making lemonade out of lemons.”

On Tuesdays here at Arleigh Burke, you may see doctors in uniform working throughout the building. We are partnering with DeWitt Army Hospital and other members of a Military Consortium of Educational Medical Groups. Military Doctors do not have much opportunity in practice treating elder patients. (They are Residents to us but to these doctors, they are patients and we’ll allow that one exception.) This partnership gives them an opportunity to work with that segment of the population. I’ll report back after a couple of months in more detail as we develop this arrangement.

Arleigh Burke will celebrate its 19th year of operation this month. So look for that party around Valentine’s Day. Have a great but short month.

Bob DeMaria

Administrator

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 1739 Kirby Road, McLean, Virginia 22101.
 Articles for publication should be submitted
 to marketing no later than the 15th of the month.


RESIDENT OF THE MONTH Mr. Charles Cole “Charlie”



Charlie Cole was born and brought up in Rhode Island. After graduating from high school he went to Dartmouth College. He ran track and competed in high school and college, he enjoyed playing cribbage and was an avid reader enjoying history and biographies.

Mr. Cole worked in banking for over 40 years in Rhode Island. For a number of years he (we) belonged to a traveling group, visiting many wonderful places here in the U.S. and Canada. Charlie has one son, two granddaughters and three great grandsons who live in Syracuse, NY.

Now Charlie has an extended family. Mr. & Mrs. Cole were married in 1985. We are so happy to have Mr. Cole at The Sylvestery.



ALZHEIMER'S ASSOCIATION
Someone to Stand by You

Alzheimer's Association Caregiver Support Group

Caregiver support groups can help family & friends share their experiences, learn caregiving tips, and know where to turn for help

Where: The Sylvestery Assisted Living
1728 Kirby Road
McLean, VA 22101

When: The 1st Tuesday of each month,
Time: 5:00 p.m.

For more information contact:
Alison Humora 703-970-3700

Events: The Sylvestery

February Calendar Events:

Miss Roxy Lynn will bring us song and dance on Tuesday, February 2nd at 1pm.

Jay Watcher will perform Monday, February 8th at 1 pm.

Larry Scott visit on Wednesday, February 10th at 1 pm

Deena Javor will perform on Thursday, February 18th at 10:30 am

Brian Rudolph will perform on Sunday, February 21st at 4:00 pm.

Mike Surrat will visit us on Thursday, February 25th at 2:30 pm.

Spiritual Enrichment Program w/ Scott Harrison on February 10th and 24th at 11 am.

Catholic Mass will be held on Wednesday, February 3rd and Friday February 19th at 10:30 am and Catholic Communion will be announced.

Come and join us on a lunch outing to “Old Dominion Grill” on Tuesday; February 23rd the bus will leave at 11:30 am.

Residents Birthday Celebration will take place on Tuesday, February 9th at 2:30 pm.

NEWS FROM THE SYLVESTERY

Every year, as many of you are aware, Assisted Living Facilities are surveyed by the State of VA to ensure that we are following all of the Regulations that govern us. On Tuesday, January 12th, our State surveyor walked in, completed her task and now I am PROUD to tell all of you that once again, THE SYLVESTERY, your loved one's home, remains **DEFICIENCY / VIOLATION FREE !!!!!** This is a truly commendable task and just proves the dedication, loyalty and commitment of all the staff that work here. She was highly complementary of everything we do, as well as the physical appearance of the building. She further went on to tell me how all of us here at The Sylvestery go above and beyond what the regulations require from us. What a wonderful statement to hear! I am so proud and honored to be a part of such an “elite” group of people who really take pride in the services they deliver. WAY TO GO EVERYONE!!!! Keep up the good work!

Several weeks back, all Sylvestery responsible party's received a letter from me asking you to update the services you would like your loved one to receive from our Beauty/ Barber Shop. Thank you for the many returns we have received. This will just further ensure that we are continuing to provide the services you wish to have. I am also pleased to report that Eyebrow Trimmings will now be offered at no additional cost. If you are interested in this service, please let Latishea at the Front Desk know so that she may update your file.

For those of you who wish you could attend our Alzheimer's Support Group (offered here at The Sylvestery the first Tuesday of each month at 5pm) but due to previous commitments cannot, I am happy to offer you another day and time that may suit your need. Every 2nd Wednesday of the month, an Alzheimer's Support Group will meet from 10a-11a in the “Life Matters” office located at 609 Park Avenue in Falls Church, VA. Valuable information is shared as well as caregiver tips throughout the entire Alzheimer's journey. For any additional information about this group, please contact Eileen Spinella at 703-362-2144.

Please join us on Sunday, February 14th here at The Sylvestery for our Valentine's Day tea. You can pick up our monthly calendar of events at the Front Desk.

A great deal of time is being put in by my staff as well as myself thinking about what we can do to better serve both your loved ones as well as yourselves. In the months ahead, I am looking forward to new ideas and putting them into fruition. If you have any suggestions, please feel free to come and see me. I'd love to hear your thoughts.

Looking forward to another exciting month at The Sylvestery.

Erika Young, LNHA
Administrator



Events: Arleigh Burke Pavilion

Monday, February 1st at 11:00am—

Performer Lynn Roxy – Singer 11:00

Tuesday February 2nd at 2:00pm—

Groundhog Day - Movie : Ground

Hog Day

At 2:00pm—Beginner Computer Class

Wednesday, February 3rd at

10:30am—Jewelry Class

Thursday February 4th at 11:30am—

Art Seminar – we will be discussing

Marko Mavrovich

Friday February 5th at 2:00pm—

Black Cows/Rootbeer Floats Social

Sunday February 7th at 2:30pm—

SuperBowl XLIV Party 2:30

Wednesday February 10th at

11:00am—Performer Larry Scott Key-

boardist/Singer

Thursday February 11th at

2:00pm—Knit One Crochet Too

Friday February 12th at 2:00pm—

King & Queen Of Hearts Social

At 3:00pm—Olympics Competition

Awards Ceremony

Sunday February 14th at 2:30pm—

Valentine's Tea Party

Monday February 15th at

11:00am—Performer – Jay Watcher-

Banjo

Wednesday, February 17th at

10:30am—Mardi Gras Party (King

Cake)

Friday, February 19th at 2:00pm—

Nice & Necessities Gift Shop

Friday, February 26th at 11:00am—

Performer Bob Rosenbaum – Pianist

11:00 a.m.

At 2:00pm—Chinese New Year Lan-

tern Festival

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*Please join us in welcoming
our newest hires!*

Kindeneh, Gebeyehu

Blen, Gebretsadik

Selamawit, Nigatu

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**NOVEMBER RESIDENT
BIRTHDAYS!**

Mrs. Marie E. Leviton

Mrs. Madalyn S. Tyler

Mrs. Louise C. Gruver

Mrs. Rose Kirby

Mr. Jesse F. Farr

Mr. William M. Lightsey

Mrs. Marion Glazier

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**NOVEMBER EMPLOYEE
BIRTHDAYS!**

Blair, Mary N.

Demaria, Robert K.

Guerrero, Corazon

Small, Patricia

Bowes, Judy

Howard, David

Kinney, Joshua

Blanco, Felix

Burke, Joanne

Pun, Dhan M.

Deen, Patricia

Panelo, Remegio

Kamara, Fatmata S.

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