

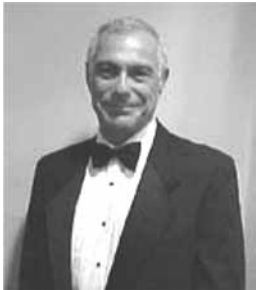


The Pavilion Post

McLean, Virginia

April 2010

From the Pavilion



This month marks the 165th column I have written over the years for the Pavilion Post. It also marks my last column for the Pavilion Post as I bring my career here at

Arleigh Burke Pavilion and the Vinson Hall Retirement Community to a close. I can only think of the Bob Hope classic, "Thanks for the Memories", for all of these past years and look forward to continuing to partner with this community as I return to a skilled nursing and rehabilitation environment.

I have had outstanding support from our CEO, Kathy Martin and our Boards of Directors and Trustees over the past fourteen years. I am also thankful for so many wonderful staff members I have had the good fortune to be associated with here at Arleigh Burke Pavilion.

Thank you for putting up with my summer columns devoted to the bounty of the Chesapeake Bay and surrounding farms. I have enjoyed writing those.

I will miss this community in ways I cannot yet imagine, but I have always

said when I move in as a resident, I will aim to be the president of the Resident's Association. That will begin Act II.

Bob DeMaria
Administrator

The Pavilion Post

is published monthly by the
Arleigh Burke Pavilion,
1739 Kirby Road, McLean, Virginia 22101.
Articles for publication should be submitted
to marketing no later than the 15th of the month.

RESIDENT OF THE MONTH
Pauline (Polly) A. Culpepper



Pauline (Polly) A. Culpepper is one the newest residents at The Sylvestery and yet everyone seems to

know Polly. What most people probably don't know about Polly is the fact that she has enjoyed a lifetime of significant accomplishment-especially in the field of art with a special talent for teaching people to be creative. After graduation from Catawba College in North Carolina and then earning a Masters Degree in art education from Columbia University in New York City, Polly spent the next few years as Supervisor of Art for the Portsmouth, Virginia school system. There she made many life-long friends, and her reputation began to grow as a widely-recognized creative genius in the field of art.

Over the next few decades of the fifties, sixties and into the seventies numerous companies heard of Polly's creative talents across the full spectrum of art media-from oil painting and watercolors to macramé and sculpture-and on and on. The companies hired

Polly to promote their products all over the country to school systems interested in the fine arts. Her workshops became famous, especially as she showed people how to use art media in new and creative ways. Polly savors the happy memories of these days, and treasures the scrapbooks of the numerous letters of praise she has received from school administrators in school systems from just about every state in our great country. The common theme of these letters is an expression of thanks to Polly for her contributions to the creative process in art education.

One of Polly's former students, the world-renowned portrait artist Ralph Wolfe Cowan, to this day considers Polly a true friend and positive influence on his own career. Mr. Cowan's credits include painting most of the U.S. Presi-

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JANUARY RESIDENT BIRTHDAYS!

• Mrs. Frances C. Lordigan •
 • Mrs. Virginia W. Eldridge •
 • Mrs. Florence L. Nicolai •
 • Lt. Col. David D. Gilpatrick •
 • Mrs. Evelyn H. Rousselot •
 • Mr. Donald A. Morrison •
 • Mrs. Frances J. Clark •

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Resident of the Month
Continued from Page 2

dents over the past couple of decades, the Queen of England, Princess Grace, and many other famous entertainers and world leaders—and he was recently mentioned in the Washington Post for his oil painting of Elvis Presley, which is now on display at the Smithsonian National Portrait Gallery.

The love of Polly’s life was Bob Culpepper, her husband since the sixties, who passed away twelve years ago. Polly and Bob lived in the New York City suburbs for many years before returning to Virginia in the seventies. Polly is deeply religious, loves birds, cats, squirrels, and all of God’s creatures. Getting to know more about Polly reveals a very special person.

*Please join us in welcoming
our newest hires!*

Tim Rinkel

Director of Dining Services

Edlin Rodriguez

Accounting Intern (PT)

Gifty Amposanh

LPN (PRN)

Meskerem Melesse

C.N.A (FT)

Norma Shehadi

LPN (PRN)

NEWS FROM THE SYLVESTERY

“In like a lion, out like a lamb”.....that’s what the old saying is about the month of March and it did go out that way. God knows we have had our share of inclement weather and we are all ready for Spring. With that said, I would like to extend a very sincere and well deserved THANK YOU to all the staff throughout the campus that “weathered the storm” and stayed here for days at a time to care for our residents. They gave up their own time and spent time away from their family to remain here with yours and to ensure that things ran smoothly. Your devotion, dedication, and loyalty to both the campus and our residents is truly appreciated and greatly admired! We are so lucky to work with such an amazing team of professionals. I am constantly reminded of that when you, the families, come to my office to let me know the “little something special” one of my staff members did. THANK YOU, THANK YOU, THANK YOU!!!!

The Sylvestery is proud to announce the start of “Wendell’s Catering Platters”. Wendell, as you all know, is our fabulous cook here at The Sylvestery. He will be putting together different size and different selection party platters for any special occasion you would like to celebrate at The Sylvestery with your loved one or at your own home.

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Events: The Sylvestery

The Activity Department has planned several performances and events throughout the month of April for residents, family members, and staff. We invite everyone to join us. All events and performances will take place in The Sylvestery Solarium unless otherwise indicated.

We will have a Seder Program on Thursday, April 1st at Arleigh Burke Pavilion at 3pm.

Linda Kellner performs your favorite song from motion picture movies on Friday, April 2nd at 11am.

Easter Brunch will be served on Sunday, April 4th at 12pm Chef Wendell is preparing a wonderful holiday meal.

Brian Rudolph performs for us on Sunday, April 4th at 4pm.

Greg Lupton performs on Tuesday, April 5th at 1pm

Cheryl Conway leads music therapy on Tuesday, April 6th at 1:30pm.

Jay Watcher will sing songs of the past while playing the banjo! on Monday, April 12th at 1pm.

Our newest music activity **Bach 2 Rock** will stop by to visit with our residents on Wednesday, April 14th at 1:30pm.

Mr. Steve Flynn (aka) Mr. Frank Sinatra will stop by and sing many

songs of old blue eyes on Wednesday, April 21st at 1:00pm

Lynn Roxy performs for our residents on Thursday, April 29th at 1pm.

Catholic Communion will be held on April 7th, 16th and 30th. Catholic Mass will be held on Friday, April 23rd at Arleigh Burke Pavilion at 10:30am.

Come join us for our **Family & Friends Day Brunch** on Sunday, April 25th from 12noon until 1:30pm.

Social Hours are held every Tuesday, Thursday, and Saturday at 2:30pm throughout the month. Social are times to honor our residents, celebrate birthdays, or historic holidays. We encourage family and friends to join us for these festive occasions.

We will also host a very special **Resident Tea Social** this month, honoring Mrs. Polly Culpeper on Tuesday, April 13 at 2pm.

April Birthdays We will celebrate the following birthdays: Mrs. Frances Lordigan and Virginia Eldridge on Thursday, April 15th on the patio. (weather permitting)



Yes, Take-Out trays will also be available with adequate notice. Platters will include, but not be limited to, meat & cheese, finger foods, sandwiches, homemade breads, etc. In the next couple of weeks, I will be sending out more information to all of you regarding this new service. Of course, if you have any questions once you receive it, please feel free to talk to Wendell directly or myself.

For those of you who wish you could attend our Alzheimer's Support Group (offered here at The Sylvestery the first Tuesday of each month at 5pm) but due to previous commitments cannot, I am happy to offer you another day and time that may suit your need. Every 2nd Wednesday of the month, an Alzheimer's Support Group will meet from 10a-11a in the "Life Matters" office located at 609 Park Avenue in Falls Church, VA. Valuable information is shared as well as caregiver tips throughout the entire Alzheimer's journey. For any additional information about this group, please contact Eileen Spinella at 703-362-2144.

A great deal of time is being put in by my staff, as well as myself, thinking about what we can do to better serve both your loved ones as well as yourselves. In the months ahead, I am looking forward to new ideas and putting them into fruition.

If you have any suggestions, please feel free to come and see me. I'd love to hear your thoughts. If you would like to correspond at any time via email, please do provide us with that so that we can keep it in our file. Sometimes, with everyone being as busy as they are, this often is the quickest way to communicate for non-emergency situations.

Looking forward to another exciting month at The Sylvestery

Erika Young
Administrator

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**JANUARY EMPLOYEE
BIRTHDAYS!**

- Okine, Mercy A.
- Sesay, Hassan
- Mason, Doreen
- Guyah, Michael
- Converse, Moselle A.
- Morris, Maude E.
- Kamara, Bakarr
- Agbotse, Wanda
- Kamara, Hawa
- Sadare, Oluwadamilola
- Flores, Edgar A.
- Kammerman, Rebecca
- Ruybal, Natalie
- Savoy, Aminata
- Petros, Muluembet T.
- Kanu, Fatmata R.
- Moore, Kimberly

Arleigh Burke Pavilion & The Sylvestery

Key Personnel

April 2010

RADM Kathleen L. Martin (NC) USN (Ret), CEO – Vinson Hall Corporation
Tim Farabaugh, COO - Vinson Hall Retirement Community
Bob Clements, CFO – Vinson Hall Corporation
Donna Duss, Director of Health Care Services, Vinson Hall Corporation
Robert K. DeMaria, Administrator – Arleigh Burke Pavilion
Erika Young, Administrator – The Sylvestery
Richard J. Hart, Jr., MD, Medical Director – Arleigh Burke Pavilion
Jonathan Klein, MD, Medical Director – The Sylvestery
Lorraine Gazzano, Director of Nursing, Health Care - Arleigh Burke Pavilion
Bill Burgwald, Director of Facilities and Environmental Services
Skip Hansen, NMCGRE, Director of Development
Joanne Burke, RN, MFA, Staff Development Coordinator – Vinson Hall Corporation
Paul Rankins, Food Services Coordinator – Arleigh Burke Pavilion
Wendall McPherson, Food Services Coordinator – The Sylvestery
Michelle Thompson, Activities and Engagement Manager - Arleigh Burke Pavilion
Kimberly Moore, Activities Coordinator – The Sylvestery
John Shorty, MSW, Coordinator of Social Services – Arleigh Burke Pavilion
Scott Harrison, Chaplain – Vinson Hall Corporation
Madhu Sreekumar, Director of Human Resources – Vinson Hall Corporation
Jennifer Zhang, Accounting Manager – Vinson Hall Corporation
Christine Olajide, Front Desk Receptionist – Arleigh Burke Pavilion
LaTishea Harrison, Front Desk Receptionist - The Sylvestery
Pat Patterson, Director Rehab Dept – Arleigh Burke Pavilion
Tina Nickens, Move-In Coordinator, Vinson Hall Corporation

Arleigh Burke Pavilion – 703 506-6900

The Sylvestery – 703 970-2700

**1739 Kirby Rd.
McLean, VA 22101**