



The Sylvestery July 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Happy Birthday</i> Mrs. Ruth Doenan 7/4 Mrs. "liz" Schmitz 7/4 Mrs. Irene Grubb 7/18 Mrs. Pauline Culpeper 7/19</p>	<p>Activity calendar and Events are subject to change! Please note we will be doing special theme events for July 4th Theme: At the Shore</p>	<p><u>Legend</u> Craft Room- CR North Care Base- NCB South Care Base- SCB Solarium- SOL South Kitchen-SK North Kitchen-NK</p>		<p>1 10:15 Sylvestery Fitness SOL 10:30 Current Events SOL/SPA DAY 11:00 I Am Flashback SOL 1:30 Arts & Crafts CR 2:00 Friendship Social SOL 3:00 Poetry Reading SOL 4:00 More This & That Trivia LR</p>	<p>2 10:15 Sylvestery Fitness SOL 10:30 Current Events SOL 11:00 4th July Arts & Crafts CR 11:30 Catholic Communion SK 1:30 Patriotic Sing-A-Long CB 2:30 Red, White, Blue Social SOL 3:00 Summer Games SOL 3:45 Music Therapy 4:00 Trivia LR</p>	<p>3 10:00 Morning Stretch SOL 10:30 Visit w/Paro SOL 11:00 Bingo SK 1:00 Baking w/Kim SK 2:00 Bowling SOL 2:30 Friendship Social SOL 3:00 What More Do You Know LR 4:00 Crossword Puzzle LR</p>
<p>4 10:00 Sunday Morning Stretch SOL 10:30 Current Events SOL 11:00 Reminisce: 4th Of July LR 12:00 Holiday BBQ 2:30 Friendship Social SK 3:00 Golf SOL 3:30 Brian Rudolph Performs 6:00 Movie SOL</p> 	<p>5 10:00 Current Events/Reminisce SOL 11:00 Creative Arts: What Summer Means to You SOL 1:30 Poetry LR 2:00 Exercise w/George-NK 2:30 Friendship Social LR 3:00 Music W/Becky SOL 4:00 Wheel of Fortune-SK 6:00 What Do You Know? LR</p>	<p>6 10:15 Sylvestery Fitness SOL 10:45 Current Events SOL 11:00 You Be The Judge LR 1:30 Cheryl Conway Visits SOL 2:30 Friendship Social NK 3:00 Jokes R Us LR 4:00 Bingo SK / Activity 1 to 1 6:00 Movie SOL</p>	<p>7 10:15 Walking Club SOL 10:30 Current Events/ I Hear Memories SOL 11:00 Trip to:Butler's Orchard 1:00 Relax w/quiet music SOL visit w/Paro 2:00 Exercise w/George NK 2:30 Friendship Social SOL 3:30 Spelling BeeSK 4:00 Senior Skits CY 6:00 Movie SOL</p>	<p>8 10:15 Sylvestery Fitness SOL 10:30 Current Events SOL/SPA DAY 11:00 Treasure Chest of Memories 1:00 Performance: Mike Surrat 2:00 Friendship Social CY 3:00 Bit of Banter CY 4:00 Alphabetics LR 6:00 Remember the Decades LR</p>	<p>9 10:15 Sylvestery Fitness SOL 10:30 Current EventsSOL 11:00 Golf SOL 1:00 Relax w/Quiet Music SOL 2:00 Mind Your Mind LR 2:30 Jokes & Humor 3:00 Friday Dance SOL 3:45 Music Therapy SOL 4:00 Bingo SK 6:00 Movie SOL</p>	<p>10 10:00 Sylvestery Fitness SOL 11:00 Scientific Investigation 1:00 Life Learning: 1930's 1:30 Pet Therapy a/Luna & Neely 2:30 Friendship Social SOL 3:00 Art Appreciation Pointil-lism & Project CR 4:00 Musical bingo 6:00 Movie</p>
<p>11 10:00 Sunday Morning Stretch SOL 10:30 Current Events SOL 11:00 Music w/ Becky SOL 1:30 Life Learning: John F. Kennedy 2:30 Friendship Social SK 3:00 Stamp Collecting SOL 4:00 Wheel of Fortune SOL 6:00 Movie SOL</p>	<p>12 10:15 Sensory Sensation;Gardening 10:30 Current Events SOL 11:00 Exercise & Dance SOI 1:00 Mind Your Mind LR 1:30 Foil Art SOL 2:00 Exercise w/George SK 3:00 Table Talk SOL 4:00 Memory Magic SK 6:00 Movie SOL</p>	<p>13 10:00 Sylvestery Fitness SOL 10:30 Current Events SOL 11:00 Sculpture Painting CR 1:00 Performance Gregg Lupton SOL 2:00 This & That Trivia LR 2:30 Friendship Social LR 4:00 Musical Bingo SOL/Activity 1 to 1 6:00 Relax w/quiet music</p>	<p>14 10:15 Walkin Club 10:30 Current Events LR 11:00 I Hear Memories LR 1:00 Bowling SOL 2:00 Exercise w/George NK 2:30 Friendship Social SK 3:30 You Be the Judge LR 4:00 Crossword Puzzles LR 6:00 Movie SOL</p>	<p>15 10:15 Morning Stretch SOL 10:30 Current Events SOL 11:00 Kangaroo Words SOL 2:00 Mid Western Farming SOL 2:30 Friendship Social CY 3:00 Gardening CY 4:00 Penny Ante LR 6:00 Movie SOL</p>	<p>16 10:30 Sylvestery Fitness 10:30 Current Events/ Catholic Mass 11:00 Music w/Becky SOL 1:30 Friday Dance SOL 2:00 Balloon Volleyball SOL 2:30 Afternoon Social SOL 3:00 Shout out the Answer LR 3:45 Musical TherapySOL 4:00 Bingo NK 6:00 Quiet Music SOL</p>	<p>17 10:15 Morning Stretch SOL 10:30 Current EventsSOL 11:00 Hot Potatoe Game SOL 1:30 Baking w/Kim SK 2:30 Friendship Social SK 3:00 Puzzles and Games SOL 4:00 Crossword Puzzle SOL 6:00 Movie SOL</p>
<p>18 10:00 Sunday Morning Stretch SOL 10:30 Current Events SOL 11:00 Famous Quotes LR 11:30 Elder Games LR 1:30 Hymn Singing CB 2:30 Friendship Social SOL 3:00 Golf SOL 4:00 Coupon Clipping SK 6:00 Sunday Matinee Movie SOL</p>	<p>19 10:15 Morning Stretch SOL 10:30 Current Events SOL 11:00 Volleyball SOL 11:30 Relax & Refresh 1:00 Trivia Challenge LR 2:00 Exercise w/George NK 2:30 Friendship Social NK 3:Remembering Work Life LR 4:00 Memory Magic SK 6:00 Music LR</p>	<p>20 10:15 Morning Stretch SOL 10:30 Current Events SOL 11:00 Lunch Outing:Red Lobster 11:30 Mind Stretchers SOL 1:00 Activity 1 to1 2:00 Friendship Social CY 3:00 Mind Your Mind CY 4:00 Bingo SK/ Visit w/ Paro 6:00 Trivia: Tell All SOL</p>	<p>21 10:00 Walking Club 10:30 Current Events SOL 12:00 Patio Lunch CY 1:00 Performance: Steve Flynn 2:00 Exercise w/George NK 2:30 Friendship Social CY 3:00 What More Do You Know?SOL 4:00 Wood Crafts CR 6:00 Quiet Music SOL</p>	<p>22 <u>At the Shore... Beach Day!</u> 10:00 Morning Stretch/SPA DAY 10:30 Beach Trivia SOL 11:00 Beach Blanket Bingo SK 1:00 Beach Sensory One to One 1:30 Beach Word Games LR 2:30 Beach Party Social CY 3:30 Sea Shell Crafts 4:00 The 50's LR 6:00 Movie SOL</p> 	<p>23 10:15 Morning Workout SOL 10:30 Current Events SOL 11:00 Time For Laughter (Humor) 11:00 Catholic Communion LR 1:30 Puzzles & Games SOL 2:30 Friendship Social SK 3:30 Bowling SOL 3:45 Music Therapy SOL 4:00 Musical Bingo SK 6:00 Movie SOL</p>	<p>24 10:00 Morning Stretch SOL 10:30 Current Events SOL 11:00 Travel Log: New Mexico 1:30 Creative Writing SK 2:30 Friendship Social Sk 3:00 Classic Literature LR 4:00 Jeopardy/Question Quest 6:00 Movie SOL</p>
<p>25 10:00 Morning Stretch SOL 11:00 Life Learning: Conversation Spanish SOL 1:30 Stamp Collecting SOL 2:30 Friendship Social SOL 2:30 Afternoon Social SOL 3:00 Music w/ Becky SOL 4:00 Word Games SOL 6:00 Music to Relax SOL</p>	<p>26 10:15 Sensory Sensation SOL 10:30 Thing Cards SOL 11:00 Sing-A-Long SOL 1:30 Arts & Crafts CR 2:00 Exercise w/George SK 2:30 Friendship Social SOL 3:00 Trivia LR / Spell the word 4:00 Memory Magic! SK 6:00 Music LR</p>	<p>27 10:15 Morning Stretch SOL 10:30 Current Events SOL 11:00 Shuffle Board NK 1:00 Mind Stretchers LR 2:00 Dart Game SOL 2:30 Friendship Social LR 3:00 Visual Art : Summer Collage CR 4:00 Bingo SK/ Visit w/ Paro 6:00 Relax W/Quiet Music</p>	<p>28 10:00 Walking Club 10:30 Current Event/Reminisce SOL 11:00 Board Games and Puzzles 1:00 Gardening CY 2:00 Exercise w/Georg NK 2:30 Friendship Social SOL 3:00 Past Times: Complete the Phrase SOL 4:00 That's Positive LR 6:00 Quiet Music SOL</p>	<p>29 10:00 Morning Stretch/SPA DAY 10:30 Current Events SOL 11:00 Sing-A-Long CB 1:00 Activity 1 to 1 1:00 Dale Jarret Performs SOL 2:30 Friend ship Social SOL 3:30 Life Learning: Montana CB 4:00 Penny Ante SK 6:00 Movie SOL</p>	<p>30 10:15 Morning Workout SOL 10:30 Current Events SOL 11:00 Life Learning: Industrial Revolution 11:30 Catholic Communion LR 1:30 Arts & Crafts Sand Troy Art CR 2:30 Friendship Social SK 3:30 Mind Your Mind SOL 3:45 Music Therapy SOL 4:00 Musical Bingo SK 6:00 Movie SOL</p>	<p>31 10:00 Morning Stretch SOL 10:30 Current Events SOL 11:00 Bingo SK 1:30 Cooking w/ Kim SK 2:30 Friendship Social CB 3:00 Armchair Travel LR 4:00 Crossword Puzzle SOL 6:00 Movie SOL</p>